

# Acne Scar Laser Treatment

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I didn't know anything about acne scar laser treatment to remove, blend, or diminish the pocks and other marks, then. It was the 1980s, and I was not all that focused on beauty (but rather on getting through graduate school, therapy, and three jobs); and I was ignorant about skin care innovations. But I said to the man of the week, a cool guy, actually, for most purposes, that I wanted to sand-paper my face skin, so I could lesson the devastating holes&hellip;or at least so I could fill in the open pores, the holes where acne had been.

Think of the face as being made of clay. Imagine that clay face full of big gouges, dents, or blemishes&mdash;new and old. Envision taking a stylus or other sculptor's tool to drag and smear new clay into those pits and over those scars and marks. It seems logical, right? Your new face would be pock-free and smooth again, as it had been in pre-adolescent days. If you think of the new techniques, surgical, cosmetic, and other, used to remove acne marks, you might think in terms of the sculptor's clay and maneuvers analogy. Then again, you might think more in terms of the face as an unfinished or marked piece of furniture that about to get sand-papered. Not all that &ldquo;imaginative&rdquo; or, rather, new, today, though. Now we have such a re-sculpting device: we have acne scar laser treatment.

Acne scar laser treatment, also called resurfacing and also used for wrinkles, works in a particular way. According to one plastic surgery professional, acne scar laser treatment done by a CO2 laser or an erbium laser&mdash;which &ldquo;vaporizes&rdquo; superficial damaged skin cells. This frees up the existing and healthier collagen to get thicker and to become even healthier.

The emphasis honest practitioners of acne scar laser treatment offer, though, is that such treatment does not &ldquo;cure&rdquo; or magically remove all acne marks and blemishing. Rather, it improves the skin condition, diminishing though not completely removing.

Other details are equally important. Depending upon type of acne scar laser treatment, be prepared to accept the treatment as a kind of surgery. You might undergo sedation or anesthesia of some type or degree; you can expect to be in the outpatient treatment room for anywhere from fifteen to ninety minutes; and you will need anywhere from three days to three weeks to wait for the swelling to go down and the abrasions, redness, and/or oozing to stop completely so you can resume typical skin care.

I certainly didn't envision such a complicated process. Then again, I didn't come up with the idea all by myself, evidently. And besides, I am not a doctor, nor do I play one when writing.