

## Cure for Razor Burn

Contributed by Peter Fuller  
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Men and women alike tend to face the pangs that go hand in hand with grooming. One of the major ones concerns shaving. While many of us have tried out the various electric solutions on the market these days, something keeps drawing us back to the more traditional blades. Here in-lies the problem. A paper-thin blade gliding over your skin can have some ramifications if not done properly. Anything from ingrown hairs, to bumps, to nicks and cuts can be the undesirable result of daily shaving. Probably one of the more common afflictions is razor burn. While this dilemma certainly seems to relate back to the blade, you may not know that razor burn has a lot to do with how you treat your face in general. It's time to cure razor burn altogether.

I try to avoid shaving my delicate mug on a daily basis. It's true; the blade can be rather harsh on our soft fragile skin. We basically scrape off that top layer every time we shave. By the way, how do you shave? There must be a certain regime you've adopted along the way. Do you simply lather up with some old-school shaving soap and take all those sharp turns with a straight-edge? If this is your routine, then I admire your courage. I assume you know how to cure razor burn. In reality, most of us deal with cartridge razors. Gillette Mach 3 is a popular one. This handy tool along with some decent gel will do the trick quite nicely. However, you should always remember to prep your stubble beforehand. Then you won't have to search high and low in order to cure razor burn. Yes it's true, much has to do with how we treat our faces prior to shaving. Hopefully you keep your skin hydrated at all times. The stale air in your home, in addition to harsh weather can have a serious impact on our skin's health. Use tepid water when cleansing your face. This will help keep your skin feeling soft. It's also prudent to rinse with cool water after shaving. This will close the pores and help deal with any minor nicks and cuts.

If you're desperately striving to cure razor burn, your aftershave choice is a major factor. While so many post shave healers do treat and cure razor burn, others simply worsen the situation. Avoid products with alcohol and menthol. These ingredients are irritating to freshly shaven skin. You can cure razor burn if you follow the right skin care procedures.